

Nutritional Wisdom to Believe In

When the earth was created for mankind, all that we needed was given to us. It was and still is our garden. Over the centuries we have lost touch with the earth and its many gifts. Our T.R.A.C. team consulted with scholars of the ancient, sacred scriptures to find the instructions given to us about what we need to live long, healthy lives.

When we reviewed the scientific research on these "miracle" plants what we found was astounding! From this knowledge, we have created Symmetry Genesis ...an elixir of life!



"As a specialist in herbal medicine, and having studied world religions for years, I have a special interest in what the sacred scriptures say regarding natural nutrition. The answers have now become Symmetry's newest product, Symmetry Genesis – the scriptural solution to health – for yesterday, today and tomorrow!"

Dr. Mark Crăpō



"The Lord created medicines from the earth, and a sensible man will not despise them."

Syrach 38:4

Genesis
Item # NP133

Containing more than 30 herbs and other natural ingredients specifically mentioned in ancient scriptures, measured to exact amounts and blended for potency and power using the latest scientific discoveries, Symmetry Genesis is truly the foundation for good health!

Among these ingredients, the Symmetry Genesis formula features:

Olive Leaf Extract

From the earliest recorded times, the olive tree has been considered the promise from divinity. From the Old Testament, where olives are mentioned over 200 times and is a symbol of peace and God's promise, to Greek mythology where the olive tree was considered the gift of the goddess of wisdom, to today when the olive branch is considered the symbol of peace, mankind has benefited from this greatest of gifts.

Hippocrates, the father of medicine, prescribed olive oil for curing ulcers, cholera and muscular pain. Rich in Vitamin E, and various phytochemicals, olive oil is used in heart disease and longevity research projects. Today, scientists have found that the olive leaf may be a powerful protector against viral infections.

Aloe Vera

For centuries, Aloe has been regarded as a master healing plant. The ancient Egyptian texts refer to aloe as the "plant of immortality", while Christopher Columbus referred to aloe as the "doctor in a pot".

"Like valleys that stretch out, like gardens by the riverside, like aloes planted by the Lord, like cedars beside the waters."

Scientists describe aloe as a mild anesthetic with significant anti-inflammatory activity. It is antibacterial, anti-fungal, increases healing through blood flow to wounded areas and by possibly stimulating fibroblasts

(the skin cells responsible for wound healing) when topically applied. Researchers are currently working with aloe as a possible preventative or suppressant of various human cancers. It has been found to contain vitamin C, E, zinc and other antioxidant compounds.

Figs

The Greek king Pontus, heralded figs as an antidote for all ailments, instructed his physicians to use them medicinally, and ordered his citizens to consume figs daily.

Figs are considered the nearly perfect fruit. They are a superb source of both soluble and insoluble fiber and potassium, higher in calcium and phosphorous than other fruits, with a better ratio of both calcium and phosphorous, allowing ideal absorption of both minerals. Scientists have also discovered that figs rank first in levels of other important minerals, such as magnesium and iron.

"We need to give advice as to the diet. The Bad-kan patient should have honey, mutton, fish, barley, wine, ginger decoction and plenty of hot water and cooked vegetables."

Pomegranate

King Solomon, known for his wisdom, long life, and virility chose the pomegranate as the only fruit to be depicted in the magnificent temple he built. Using the lush, rich fruit as an allegory in the Song of Solomon, tells us its importance in his life.

"Then Isaiah said, 'prepare a poultice of figs.' They did so and applied it to the boil, and he (King Hezekiah) recovered."

Today's scientists are doing groundbreaking research on the medicinal benefits of pomegranates. They have found pomegranate juice to have over 3 times the antioxidants of other bioflavonoids such as red wine or green tea. Research has shown that ellagic acid, one of the main compounds in pomegranates, inhibits the growth of tumors as well as exhibiting anti-carcinogenic properties. Pomegranate also provides high levels of vitamin C which helps strengthen the immune system, encourages iron absorption, regulates cholesterol levels and more.

Barley Grass

Barley grass contains a wide range of essential nutrients, including vitamin C, iron, protein, beta carotene and some 20 different enzymes. It is also a rich source of chlorophyll, which has in some studies demonstrated antibacterial action and the ability to promote new tissue growth. Other studies point to possible anti-inflammatory benefits from barley grass.

Grape Skin & Grape Seed Extract

From eye problems to inflammation, from cancer and small-pox to nausea and liver disease, grapes and the parts of the grape plant have been widely used by herbalists for many centuries.

Today, parts of the grape plant, its fruit and the juices (including wine) made from it are the focus of a great deal of very exciting medical research. One aspect of grapes, grape seeds, include compounds which have been shown to be anti-inflammatory, and may even lower cholesterol and help protect against heart disease and some other problems associated with circulation. There is also research into how effective antioxidants found in grapes may be against cancer.

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